



# GLAUCOMA ASSOCIATES OF TEXAS

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## **SURGICAL INSTRUCTIONS**

**SURGERY DATE:** \_\_\_\_\_

**LOCATION:** Ophthalmology Surgery Center of Dallas

**SURGICAL PROCEDURE:** \_\_\_\_\_

**right/left eye**

**Arrival times are not usually given until the day before the procedure. These are given based on cases and center time availability. AM 6:15 – 10:00 PM 11:15 – 1:00**

**MEDICAL CLEARANCE** A pre-surgery evaluation by your family doctor or internist is required. This appointment needs to be within 30 days of surgery. This includes a Comprehensive Metabolic Panel (within 30 days of surgery) and an EKG (within 6 months of surgery, if you have had any heart problems in the past 6 months). ***Please take the form we have given you to your doctor. (This is your responsibility to do prior to surgery and failure may result in the cancellation of your surgery.)***

**MEDICATIONS TO DISCONTINUE** One week prior to surgery please stop any blood thinners such as **Coumadin, Warfarin, Ticlid, Plavix, Xarelto, Eliquis, Aleve, Advil, Aspirin, Ibuprofen, High doses of Vitamin E and/or Fish Oil- Omega 3** should also be discontinued. (Tylenol is okay) ***DO NOT STOP any of these prescribed medications without first checking with the doctor who prescribed them.***

**PRE / POST -OPERATIVE EYE DROPS** You will be prescribed an antibiotic eye drop (Ocuflox, Vigamox, Zymar, Zymaxid) to start one day prior to surgery four times a day in the surgery eye. You will also use this drop the morning of surgery. (You will continue all of your prescribed eye drops through the day before surgery. The morning of surgery you will only use the antibiotic eye drop in your surgery eye, no glaucoma or previous eye drops should be used that morning.)

You will also be prescribed a drop that is for use only after surgery (usually Pred Forte or Durezol).

**FOOD & MEDICATION INSTRUCTIONS** Do not eat or drink anything after midnight the night before your procedure, not even water. If you are on heart or high blood pressure medication you may take this the morning of surgery with a small sip of water. If you are a **Diabetic, do not take your diabetic medication the morning of surgery.** Please bring it with you to the surgery center. If you have any questions regarding pre-operative usage please contact the surgical coordinator and your primary care physician.

**DAY OF SURGERY INSTRUCTIONS** You must arrange to have a responsible adult bring you to and from the surgery center. A taxi or bus is not acceptable, as the surgery center must release you to an actual person. Wear a comfortable loose fitting top (one that buttons up the front is great) as you will be placed in a hospital gown, leaving your clothing on from the waist down. Plan to be at the surgery center for approximately 3-4 hours. **NO MAKEUP, MOSITURIZERS, OR JEWELRY.**

**POST- OP APPOINTMENT** You will be given an appointment to see a doctor the next morning. We will remove your patch, check your vision and eye pressure and you will be given instructions on how to use your drops post-operatively. ***Please note that in some cases you may not be seen by your doctor the next day, as our doctors work out of other offices. If you would like to see your doctor for the one day post op visit, you may have to travel to another office.***

***If you have any questions regarding your surgical procedure please contact Kim Schweyer, Surgical Coordinator 214-765-9711.***

***QUESTIONS ABOUT YOUR COVERAGE / INSURANCE - PLEASE CONTACT MARLENE ALEXANDER @ 214-765-9712***