

REQUEST FOR PRE-SURGERY EVALUATION

We would appreciate your evaluation of the following patient for surgery. Listed below are the requirements..

(This form is for your doctor to fill out.)

Surgery Center guidelines: Lab Test and Surgical Clearance must be **within 30 days** of surgery.

EKG: (only need if any history of heart problems within 6 months of surgery date)

Lab Tests: CBC / Comprehensive Metabolic Panel / Fasting for Diabetic patients (within 30 days of surgery)

Surgical Clearance: (This Sheet)

The anesthesia that will be used is _____ IV Local Sedation
If you have any questions please contact me at 214-765-9711

Thanks again,

Kim Schweyer
Surgical Coordinator

If your patient is on any type of blood thinner, we do ask that they stop one week prior to surgery, if for some reason that is contraindicated please let us

know. Thank You for your help.

Health and Physical for Surgery Clearance:

PATIENT NAME: _____

Surgery Date: _____ Eye: _____

Surgical Procedure: _____ CHIEF COMPLAINT: _____

CPT: _____ ICD9: _____

PAST HISTORY

Please discuss with patient how to take diabetic, heart or any other medications day of surgery!!

Drug Reactions: _____

Current Medications: _____

Past Surgery: _____

Medical History: _____

Smokes: YES _____ NO _____

Alcohol: _____

PHYSICAL EXAM

HEIGHT: _____ WEIGHT: _____ TEMP: _____ PULSE: _____ R: _____ B/P: _____

	NORMAL	ABNORMAL	DESCRIBE ABNORMAL FINDINGS BELOW
HEENT			
C-V SYSTEM			
LUNGS			
M-S SYSTEM			
NEUROLOGIC			
PSYCHO-SOCIAL			
OTHER			

Assessment: _____

Plan: _____

SURGICAL CLEARANCE FOR: Local: _____ General: _____ Choice: _____

Doctors Signature: _____

Printed Name: _____

EXAM DATE: _____

If Nurse Practitioner does H&P it must be signed off by the Doctor

Please fax **THIS COMPLETED FORM** along with **LABS** and **EKG** to **214-360-0083**

We need **ALL** information at least **3 days** prior to surgery.

GLAUCOMA ASSOCIATES OF TEXAS

10740 N. Central Expy. • Suite 300 • Dallas, TX 75231 • (214) 360-0000
417 W. Magnolia Ave • Fort Worth, TX 76104 • (817) 923-2000
1708 Coit Rd. • Suite 220 • Plano, TX 75075 • (972) 612-9522



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SURGICAL INSTRUCTIONS

SURGERY DATE: _____

LOCATION: Ophthalmology Surgery Center of Dallas

SURGICAL PROCEDURE: _____

right/left eye

Arrival times are not usually given until the day before the procedure. These are given based on cases and center time availability. AM 6:15 – 10:00 PM 11:15 – 1:00

MEDICAL CLEARANCE A pre-surgery evaluation by your family doctor or internist is required. This appointment needs to be within 30 days of surgery. This includes a Comprehensive Metabolic Panel (within 30 days of surgery) and an EKG (within 6 months of surgery, if you have had any heart problems in the past 6 months). ***Please take the form we have given you to your doctor. (This is your responsibility to do prior to surgery and failure may result in the cancellation of your surgery.)***

MEDICATIONS TO DISCONTINUE One week prior to surgery please stop any blood thinners such as **Coumadin, Warfarin, Ticlid, Plavix, Xarelto, Eliquis, Aleve, Advil, Aspirin, Ibuprofen, High doses of Vitamin E and/or Fish Oil- Omega 3** should also be discontinued. (Tylenol is okay) ***DO NOT STOP any of these prescribed medications without first checking with the doctor who prescribed them.***

PRE / POST -OPERATIVE EYE DROPS You will be prescribed an antibiotic eye drop (Ocuflox, Vigamox, Zymar, Zymaxid) to start one day prior to surgery four times a day in the surgery eye. You will also use this drop the morning of surgery. (You will continue all of your prescribed eye drops through the day before surgery. The morning of surgery you will only use the antibiotic eye drop in your surgery eye, no glaucoma or previous eye drops should be used that morning.)

You will also be prescribed a drop that is for use only after surgery (usually Pred Forte or Durezol).

FOOD & MEDICATION INSTRUCTIONS Do not eat or drink anything after midnight the night before your procedure, not even water. If you are on heart or high blood pressure medication you may take this the morning of surgery with a small sip of water. If you are a **Diabetic, do not take your diabetic medication the morning of surgery.** Please bring it with you to the surgery center. If you have any questions regarding pre-operative usage please contact the surgical coordinator and your primary care physician.

DAY OF SURGERY INSTRUCTIONS You must arrange to have a responsible adult bring you to and from the surgery center. A taxi or bus is not acceptable, as the surgery center must release you to an actual person. Wear a comfortable loose fitting top (one that buttons up the front is great) as you will be placed in a hospital gown, leaving your clothing on from the waist down. Plan to be at the surgery center for approximately 3-4 hours. **NO MAKEUP, MOSITURIZERS, OR JEWELRY.**

POST- OP APPOINTMENT You will be given an appointment to see a doctor the next morning. We will remove your patch, check your vision and eye pressure and you will be given instructions on how to use your drops post-operatively. ***Please note that in some cases you may not be seen by your doctor the next day, as our doctors work out of other offices. If you would like to see your doctor for the one day post op visit, you may have to travel to another office.***

If you have any questions regarding your surgical procedure please contact Kim Schweyer, Surgical Coordinator 214-765-9711.

QUESTIONS ABOUT YOUR COVERAGE / INSURANCE - PLEASE CONTACT MARLENE ALEXANDER @ 214-765-9712



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POST-OPERATIVE INSTRUCTIONS

GENERAL INSTRUCTIONS

1. You will have mild discomfort following surgery. If you require pain medication we recommend Tylenol every four hours as needed.
2. If you are wearing a patch following surgery leave in place until our staff removes it at your one day post op visit, unless we tell you otherwise.
3. For 1-2 weeks after surgery you may need to wear a shield taped over the operated eye. We will discuss this with you at your post op visits. This is to prevent any pressure on the eye while you are sleeping.
4. Immediately following surgery your vision will be blurry. Depending on the type of surgery you have your vision may fluctuate for several weeks after surgery.
5. If you experience significant pain, visual loss, or excessive discharge, call 214-360-0000. If the office is closed, please leave a message for the on-call staff and your call will be returned.
6. Crusting and debris on the eyelids is common after surgery. Your eyelids can be cleaned with warm tap water and a cotton pad or tissue. Remember that care should be taken not to apply pressure to the eye.
7. You should avoid the following activities: lifting heavy objects (greater than 10-15 pounds), physical exertion, straining while using the bathroom (may require stool softener), hard coughing (may require cough suppressant), washing hair for 48 hours. Discuss with your doctor when normal activities may be resumed. I-Track patients should sleep with head raised.
8. You may resume the following activities immediately: watching television, reading, riding in the car, going out to dinner, bathing, and shaving.

USE OF SYSTEMIC MEDICATIONS

1. If your blood thinners were discontinued prior to surgery, DO NOT RESTART THEM unless instructed by your doctor.
2. DO NOT TAKE Aspirin or Ibuprofen (Advil, Aleve) type medications for five days after surgery, unless instructed by your doctor.
3. You may restart vitamins containing VITAMIN E five days after surgery.
4. All other oral medications should be restarted the same day after your surgery. Follow your usual schedule and dosage.
5. Diabetics should restart their insulin at the same dosage and time once they are able to resume eating.

INSTRUCTIONS FOR EYE MEDICATIONS

1. If you are taking Diamox or Neptazane, ask your doctor whether or not it should be continued. Usually, it is stopped after glaucoma surgery.
2. Continue all drops for the non-operated eye at the same times and dosage.
3. DO NOT USE previous glaucoma drops in your operated eye, unless you are specifically instructed to by your doctor.
4. Antibiotic drops (Polytrim, Zymar, Zymaxid, Vigamox) will be used for 5 to 7 days after surgery.
5. Steroid drops (Pred Forte or Durezol) will be used after surgery for anywhere between 1-3 months.